



PARA TRIATHLON

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PARA TRIATHLON



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COMPETITION MANAGEMENT

→ World Triathlon

- International Federation Delegate: Thanos Nikopoulos

→ Paris 2024 competition management

- Para Triathlon Manager: Dominique Frizza

KEY DATES

2024

22 JANUARY 2024

Opening of the accreditation system for NPCs (athletes and officials)

3 MAY 2024

Closing of the accreditation system for NPCs (athletes and officials)

1 JULY 2024

Opening of the Sport Entries system (SEQ)

5 AUGUST 2024

Closing of the Sport Entries system (23:59 Paris Standard Time)

21 AUGUST 2024

Opening of the Paralympic Village

28 AUGUST 2024

Opening Ceremony

30 AND 31 AUGUST 2024

Men and women's individual briefings and familiarisation on the bike and swim courses

22 AUGUST TO 2 SEPTEMBER 2024

Para triathlon training

1 AND 2 SEPTEMBER 2024

Para triathlon competition

3 SEPTEMBER 2024

Contingency day

8 SEPTEMBER 2024

Closing Ceremony

10 SEPTEMBER 2024

Closing of the Paralympic Village



PARA TRIATHLON COMPETITION

The Para triathlon competition at the Paris 2024 Paralympic Games will be held on Sunday 1 September and Monday 2 September. The competition will start and finish at Pont Alexandre III in Paris.

→ Medal Events

Total number of medal events: 11

MEN (6)

- Men's PTS2
- Men's PTS3
- Men's PTS4
- Men's PTS5
- Men's PTVI
- Men's PTWC

WOMEN (5)

- Women's PTS2
- Women's PTS4
- Women's PTS5
- Women's PTVI
- Women's PTWC

A total of 120 athletes may take part in the competition. For details of the qualification system, see

COMPETITION FORMAT

The Para triathlon competition will start directly with the medal races without prior qualification or knock-out events during the Paralympic Games.

The Para triathlon competition will take place over the sprint distance:

- Swimming: 750m in one (1) lap with a start at the pontoon
- Cycling: 20 km – a 1500m connection and five (5) 3.7km laps
- Run: 5km - 1,14km connection, three (3) laps of 1,254km and then 130m finish

A summary of the competition schedule is given below. For the detailed table, see further below.

→ **Sunday 1 September:** Para triathlon PTS categories events

→ **Monday 2 September:** Para triathlon PTWC and PTVI categories events

RULES

The Para triathlon competition will be held in accordance with the editions of the following documents that are in force at the time of the Games:

- **World Triathlon Competition Rules** available on the website <https://triathlon.org/>.

- **IPC Handbook** (<https://www.paralympic.org/ipc-handbook>)

In accordance with the “Paralympic Games” chapter of the IPC Handbook, World Triathlon will be responsible for the control and direction of the Para triathlon competition at the Paris 2024 Paralympic Games.

→ Results

There are no qualifications or knock-out phases in Para triathlon.

The Para triathlon events are continuous, with no breaks in competition, even during the transitions from each discipline.

The Para triathlon results are in order of the athletes crossing the finish line.

→ Clothing and equipment

Clothing and equipment used by participants in the Para triathlon competition must comply with the following documents:

- **World Triathlon Competition Rules** (available on the website <https://triathlon.org/>)
- **IPC Practical Guidelines** (available on the website <https://www.paralympic.org/paris-2024/guides-and-policies>)



COMPETITION SCHEDULE

SESSION	TIME	DURATION	EVENTS
Sunday 1 September 2024 – Pont Alexandre III			
TRI01	08:15 – 13:10	4:55	<p>Men's PTS3 Men's PTS2 Women's PTS2 Men's PTS5 Men's PTS4 Women's PTS5 Women's PTS4</p> <p><i>Women's PTS2 Victory Ceremony</i> <i>Men's PTS2, Victory Ceremony</i> <i>Men's PTS3, Victory Ceremony</i> <i>Women's PTS4, Victory Ceremony</i> <i>Men's PTS4, Victory Ceremony</i> <i>Women's PTS5, Victory Ceremony</i> <i>Men's PTS5, Victory Ceremony</i></p>



SESSION	TIME	DURATION	EVENTS
Monday 2 September 2024 – Pont Alexandre III			
TRI02	08:15 – 12:20	4:05	Men’s PTWC 1 Men’s PTWC 2 Women’s PTWC 1 Women’s PTWC 2 Men’s PTVI1 Men’s PTVI 2/3 Women’s PTVI1 Women’s PTVI 2/3 Women’s PTWC , Victory Ceremony Men’s PTWC , Victory Ceremony Women’s PTVI, Victory Ceremony Men’s PTVI, Victory Ceremony

COMPETITION VENUE

→ Pont Alexandre III (ALX)

Pont Alexandre III - 75007/75008 Paris - France

Pont Alexandre III will be the start and finish line of the triathlon events.

Pont Alexandre III, connecting the Grand Palais and Invalides, was inaugurated for the Paris 1900 Exposition Universelle. The 45-metre metal bridge has a single 107-metre arch and three hinges, enabling it to span the Seine in a single unbroken curve. It is a tourist attraction in its own right and will offer spectators of the Games a fantastic vantage point for the competitions and a view of some of Paris’s most stunning monuments.

It will be at the heart of an area dedicated to the Paris 2024 Games, near the Invalides, Grand Palais, Champs-Élysées, Place de la Concorde, Eiffel Tower, Champ-de-Mars Arena and Pont d’Iéna competition venues.

Pont Alexandre III venue is located 18 kilometres from the Paralympic Village and will have a total capacity of around 3,200.

Pont Alexandre III will also host the triathlon and marathon swimming events during the Olympic Games, along with the finish of the time trial competitions.



→ Course

The swimming, cycling and running courses provide a picture postcard of Paris. After a start at the foot of Pont Alexandre III, the athletes will pass between the Grand Palais and Petit Palais and on to the Champs-Élysées with the Arc de Triomphe ahead. From there it's on to the fashionable Avenue Montaigne before they reach the Pont des Invalides via Rue François 1^{er} and Place du Canada. Each lap they will pass over the Alexandre III bridge, where the bike/run transition area will be set up. The run will take the athletes along the Boulevard Saint Germain, past the Place de la Concorde and the Pont de la Concorde and past the National Assembly, before reaching the Alexandre III bridge and crossing the finish line.

→ Field of play

The Para triathlon field of play is positioned around a transition area in which the athletes drop off their equipment and move from one discipline to another. The River Seine will provide a unique setting as the swimming discipline gets the racing underway and, once they have left the pre-transition zone they're off to discover iconic views of Paris.

The cycling and running courses have been designed with the following objectives:

- Courses that are interesting from a sports perspective and that meet the athletes' expectations while guaranteeing their safety.
- Courses that highlight Paris, its history, architecture and values and create "spectacular images".
- Courses that have the least impact possible in terms of building works (urban furniture, resurfacing, etc.) and spectator travel.

- Courses that meet International Federation specifications, in particular in terms of road width and risk management.
- Finally, courses that meet various constraints and are entirely aligned within the general organisation of the Paris Centre venues while enabling access to a large number of spectators.

→ Facilities

The competition venue will also have the following services and equipment:

- lounges for athletes
- sport information desk
- secure space for storing bikes and sports equipment
- bike repair service
- Internet access
- changing rooms (separate men's/women's)
- starting pontoon
- transition area
- finish line and area
- first aid station (after the finish)
- mixed zone for accredited media to interview athletes after their competition
- athlete recuperation spaces
- doping control room
- medical station
- elevator



PARA TRIATHLON TRAINING

Para triathlon training will take place at three (3) dedicated training venues.

All training equipment will be approved by World Triathlon and will comply with the IPC Practical Guidelines.

VENUE NAME	ADDRESS	DISCIPLINE	DISTANCE FROM THE VILLAGE	OPENING DATES
Polygone de Vincennes	1 route de la Pyramide, 75012 Paris	Cycling Race w/c	17km // 30min	22/08 to 02/09
Parc des sports Auguste Delaune	9 avenue Roger Semat, 93200 St Denis	Running Race w/c	4.5km // 15min	
Aquatics Centre	Avenue du Président Wilson 93200 Saint-Denis	Swimming	5km // 15min	

Para triathlon cycling training will be available from 07:00 to 9:30 in the morning and 16:30 to 17:30 in the afternoon.

Para triathlon swimming training will be open from 07:00 to 13:00 in the morning and 14:00 to 19:00 in the afternoon.

Para triathlon running training will be open from 08:00 to 09:30 and 16:00 to 17:30.

Note that times may change according to training days.

There will be no training on the afternoon of the Opening Ceremony (28 August).

Training slot allocation and booking conditions are yet to be determined. Training session slots can be booked and modified at the Sport Information Centre in the Paralympic Village or at the Sport Information Desk at the competition venue. Paris 2024 will also put in place an online booking platform.



→ Access to training venues

Training venues will only be accessible to holders of a valid accreditation. NPC delegates will be granted access to one or more training venues according to the sport code(s) printed on their accreditation.

Access to training venues for personal coaches and training partners will be provided with a “P” accreditation. More information about “P” accreditations will be provided in the [Accreditation at the Paralympic Games – Detailed Specifications \(July 2023\)](#). (Based on these specifications, Paris 2024 will confirm the strategy for providing access to all “P” accredited personnel to their respective training venues, including training venues located in the Paralympic Village.

→ Training venue service level

Given the distance between the Paralympic Village and the Parc des Sports Auguste Delaune, the Polygone de Vincennes and the Aquatic Center training venues and the time spent by athletes at each training venue, no catering services will be provided. Light food options will be available in the Village to take away. Additionally, cold drinks (water and sports drinks supplied by Coca-Cola) and hot drinks (tea and coffee) will be available at training venues. Fruit will be provided for athletes at the Polygone de Vincennes.

TRIATHLON FEDERATION CONTACT DETAILS

→ International Federation

WORLD TRIATHLON

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→ **Website:** <https://triathlon.org/>

→ **President:** Marisol Casado

→ **First Vice-President:** Debbie Alexander

→ **Secretary General:** Antonio F. Arimany

→ National Federation

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→ **Secretary General:** Didier Sérano

